



Registration Information Package Fall/Winter 2016-17 Season

September 7th 2016 - April 1st 2017

Welcome to the Markham Skating Club's fall 2016 season. Sanctioned by Skate Canada, we operate out of the Markham Village Arena (southeast corner of Markham Rd. and Hwy. 7), and offer a wide range of top quality programs. From "learn to skate" programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

FALL SEASON REGISTRATION OPENS ONLINE AUGUST 15th AT 6pm - www.markhamskatingclub.com

No registrations will be accepted prior to August 15th at 6pm, and all registrations are processed on a first-come, first-served basis. *Sessions fill extremely fast; mark your calendar and register early to avoid the waiting list.*

For anyone wishing to pay by cash or cheque, or for those needing assistance with the online process, registrations will be taken in person at the Markham Village Arena lobby on **August 15th, 22nd and 29th from 6-8pm, and during regular office hours (see below).**

Contact us by phone: (905) 472-6982 or by email: info@markhamskatingclub.com

SUMMER OFFICE HOURS

- **July 9th – August 14th:** Office is closed for summer. (Voice mail and email will be checked frequently).
- **August 15th – September 4th:** Mondays, Tuesdays and Thursdays 10:00am-3:00pm
- **August 15th, 22nd, 29th:** 6:00pm-8:00pm
- **September 5th:** Office is closed (Labour Day).

FALL/WINTER OFFICE HOURS (September 6th – April 1st)

Monday: 10:00am-3:00pm and 5:00pm-6:30pm

Tuesday: 10:00am-3:00pm and 7:30pm-9:30pm

Wednesday: closed

Thursday: 10:00am-3:00pm and 5:00pm-7:30pm

Friday: 6:00pm-8:00pm

Saturday: 9:00am-1:00pm

MSC ANNUAL BBQ – Saturday September 24 (11:30am-2pm)

Whether you are new to our club or a long-time member, join us for our annual BBQ Social on Saturday September 24 outside the Markham Village Arena. Barbecue lunch and beverages will be provided at no charge to Markham Skating Club members and also to people wanting to find out more about our club.



SKATECANADA

Programs under sanction of Skate Canada – Club No. 1000444



PROGRAMS AND QUALIFICATIONS

Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.

Skaters must have met the criteria for their selected program as of August 15, 2016.

Pre-CanSkate

Pre-CanSkate (previously known as KidSkate) is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. Pre-CanSkate precedes the beginner skating program, CanSkate. **CSA-approved helmets are mandatory. Skate guards are also mandatory and must be worn at all times when skaters are not on the ice.**

CanSkate

CanSkate is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. **CSA-approved helmets are mandatory through CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.**

STARSkate

STARSkate programs (Intermediate, Senior, Advanced, Silver/Gold) afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session.

Intermediate Qualification: passed CanSkate Stage 6. Includes a 15-minute group lesson. Although additional private coaching is not mandatory, it is highly recommended at this level; coaching must be arranged directly with the coach of your choice (it cannot be arranged through the office).

Senior Qualification: passed any complete preliminary test (e.g. Dance, Skills or Freeskate). Additional private coaching is mandatory at or above this level.

Advanced Qualification: passed any 3 of the following 4: Preliminary Freeskate, Junior Bronze Freeskate, Senior Bronze Dances, Senior Bronze Skills.

Silver/Gold Qualification: passed any 2 of the following 3: Sr. Bronze Freeskate, Jr. Silver Skills, Jr. Silver Dances.

Adult/Teen

Adult/Teen sessions offer a fun, non-judgmental environment for those aged 13 and up. These sessions cater to all skill levels – learn to skate, improve basic skating skills or maintain more advanced skills. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. **If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level.**

Performance Enrichment

Our **Performance Enrichment Program (PEP)** is designed to improve skaters' edges, stamina, skill and form. Before enrolling in PEP, all skaters must consult with their coach to ensure this program is appropriate for their skill level. Participants must be at the Intermediate level or higher, and must also skate a minimum of one other session per week at MSC. Skaters in this program are coached throughout the entire session.



Power Skating

CanPower programs are a great place for skaters to move to after completing CanSkate 5 or 6; **these are NOT "learn to skate" programs.** Power programs are designed to build strong, comprehensive skating skills for new and experienced hockey and ringette players, and are led by coaches with over 30 years' experience in power skating. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness. Skaters will be introduced to new techniques suitable to their individual level.

- Our 7:40pm session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters minimum requirement - passed CanSkate Stage 5.
- Our 8:40pm session is for skaters who are at least 8 years old. This group is for the more advanced skaters playing Rep hockey or aspiring to do so. Skaters must be able to perform forward and backward crosscuts, and must be proficient at stopping in both directions.

All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – it will be incorporated into many drills.

Guest Skating/Alumni

Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment is required. MSC Alumni (minimum of Senior qualifications) who have moved out of town for work or to attend post-secondary school may receive 6 guest passes per season for a reduced fee of \$125.

Add a Session

Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and space must be available on the session requested. Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.

Ticket Ice

Ticket ice refers to ice time that is available to MSC skaters outside of our regular session schedule. Skaters who would like additional practice time need to book this time in advance with their private coach.

Ticket ice times for the fall/winter 2016-17 season are: Monday 12pm-1pm, Tuesday 3pm-4pm and Wednesday 3pm-4pm. Ticket ice times are subject to cancellation from time to time, so check with your coach before arriving – he/she can confirm whether the ice is still available. **All skaters must ensure, before skating, that their coach will be in attendance throughout the time they are on the ice.**

NEW PAYMENT SYSTEM THIS YEAR: Ticket ice must be booked in advance through the office, and you must have a physical paper ticket before you step on the ice. Tickets are \$10 for a single session, or you may purchase a book of 5 tickets for \$40. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session.



SCHEDULES

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and testing may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions.

Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:10 Senior	4:10-5:20 Adv/Silver/Gold	4:10-5:10 Adv/Silver/Gold	4:10-5:30 Senior	4:10-5:10 Advanced	8:10-9:20 Intermediate
5:20-6:10 Pre/CanSkate	5:30-6:30 Senior	5:20-6:20 Intermediate	5:40-6:30 Pre/CanSkate	5:10-6:10 Intermediate	9:20-10:30 Senior
6:20-7:20 Intermediate	6:30-7:30 Intermediate	6:20-6:50 PEP*	6:30-7:20 Pre/CanSkate	6:20-7:10 Pre/CanSkate	10:40-11:30 Pre/CanSkate
7:20-8:20 Advanced	7:40-8:30 Power	7:00-8:00 Senior	7:30-9:00 Adv/Sil/Gold	7:10-8:00 Pre/CanSkate	11:30-12:20 Pre/CanSkate
8:30-9:30 Silver/Gold	8:40-9:30 Power	8:00-9:00 Adv/Silver/Gold	9:10-10:00 Adult/Teen	8:10-9:00 Silver/Gold	12:30-2:00 Adv/Silver/Gold

**PEP (Performance Enrichment Program) includes 30 minutes of off-ice training either immediately before or after the PEP class on Wednesdays. When you register, please indicate which session you will be attending.*

2) FITNESS TRAINING & JUMP CLASSES

At MSC we are fully committed to giving our skaters the best training possible. To demonstrate our strong belief in the huge benefit of training "beyond the rink", we are adding a new, fully redesigned program of off-ice fitness training and specialized off-ice jump classes. Designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential, this training will help skaters handle the physical demands of figure skating, including jumping, spinning and performing longer programs

Fitness Classes: All fitness classes will be instructed by Linda Daniel, a Certified Athletic Therapist who has been working with athletes for over 25 years. She personalizes her classes to the abilities and needs of each group, and is a welcome addition to our training team. **Every skater at the Intermediate level and up may take one free fitness training session free of charge for the duration of the year. Sign up online when you register for on-ice sessions.** Additional classes may be taken for just \$75 for the season.

Jump Classes: Off-ice jump classes are being offered on Fridays this year, and will be taught by our professional MSC coaches. Focus is on core strength, power, balance and flexibility exercises specific to jump technique. Off-ice jump training is expected to help skaters progress on-ice at a faster pace. Jump classes are only \$75 for the year.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Class #1 5:25-6:10		PEP Off-Ice #1 5:40-6:10	Fitness Class #4 5:40-6:30	Jump Class #1 4:30-5:00 (\$75)	
Fitness Class #2 6:25-7:15		PEP Off-Ice #2 7:00-7:30	Fitness Class #5 6:30-7:20		
Fitness Class #3 7:30-8:20			Fitness Class #6 8:00-8:50 (ADULT ONLY)	Jump Class #2 7:45-8:05 (\$75)	

One fitness class per week is included in fees. Jump classes are an additional \$75 for the season.

As with on-ice programs, session space is allocated on a first-come first-served basis. We recommended you register for your fitness and jump training while registering for your on-ice sessions. Skaters must attend the fitness session for which they are registered; drop-ins to other classes for missed lessons cannot be accommodated.



SCHEDULE BY PROGRAM

ON-ICE TRAINING	Pre-CanSkate & CanSkate (Pre/Can)	Monday 5:20-6:10* Thursday 5:40-6:30* Thursday 6:30-7:20* Friday 6:20-7:10* Friday 7:10-8:00* Saturday 10:40-11:30* Saturday 11:30-12:20*
	Intermediate (Int)	Monday 6:20-7:20* Tuesday 6:30-7:30 Wednesday 5:20-6:20 Friday 5:10-6:10* Saturday 8:10-9:20*
	Senior (Sr)	Monday 4:10-5:10* Tuesday 5:30-6:30 Wednesday 7:00-8:00 Thursday 4:10-5:30* Saturday 9:20-10:30*
	Advanced	Monday 7:20-8:20 Tuesday 4:10-5:20 (with Silver/Gold) Wednesday 4:10-5:10 (with Silver/Gold) Wednesday 8:00-9:00 (with Silver/Gold) Thursday 7:30-9:00 (with Silver/Gold) Friday 4:10-5:10 Saturday 12:30-2:00* (with Silver/Gold)
	Silver/Gold	Monday 8:30-9:30 Tuesday 4:10-5:20 (with Advanced) Wednesday 4:10-5:10 (with Advanced) Wednesday 8:00-9:00 (with Advanced) Thursday 7:30-9:00 (with Advanced) Friday 8:10-9:00* Saturday 12:30-2:00* (with Advanced)
	Power	Tuesday 7:40-8:30* Tuesday 8:40-9:30*
	Adult/Teen	Thursday 9:10-10:00
	PEP/Rising Stars	Wednesday 6:20-6:50 (plus off-ice either before or after skating)

***Office staff is available during part or all of these sessions. See p.1 for full office hours.**

**Skaters must attend their session on the same day each week.
Walk-ons and drop-ins cannot be accommodated.
No make-up days are provided for missed lessons.**



SESSION FEES

Session	Number of Sessions/Week				
	1	2	3	4	5
Pre-CanSkate	\$395	\$675	\$950		
CanSkate	\$505	\$860	\$1,215		
Intermediate	\$550	\$940	\$1,330	\$1,365	\$1,415
Senior/Advanced/Silver/Gold (min. 2 sessions/week)		\$1,000	\$1,400	\$1,450	\$1,500
PEP (must also take min. 1 other session; includes 30 minutes off-ice training)	\$350				
Adult/Teen	\$585				
Power	\$590				
Off-Ice Jump Class	\$75	\$150			

FORMS OF PAYMENT

- **Cash or Cheque:** Accepted through in-person registration only (no online option).
 - **Cash:** Must be paid in full at the time of registration.
 - **Cheque:** May be paid in four instalments dated Sept 1st, Oct 1st, Nov 1st, and Dec 1st 2016.
- **Visa/MasterCard:** Accepted online or in person. If paying by credit card, fees to be paid in full at registration.

NOTES

- All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee of \$35.65, which will be applied at time of registration.
- Pre-CanSkate, CanSkate & Power Skating fees to be paid in full at time of registration. Instalment payment is available for all other programs.
- Session choice cannot be confirmed until payment or arrangement is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant program will receive a 3% discount on their fees. (Discounts do not apply to Skate Canada membership fee).

CANCELLATIONS/REFUNDS

A \$35 fee will be charged for any membership cancellations. Cancellations are only accepted prior to the start of skating. Skate Canada fees are not refundable. There are no session fee refunds except for medical reasons, if supported by a doctor's note and approved by the MSC Board of Directors.

NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

NON-MEMBER REGISTRATIONS

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". That is, in order that enough sessions are available for MSC Members, any skater who is registered with an alternate club as their "home club" will not be permitted to register for sessions until after initial registration is complete (September 11th, 2016). All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors on September 13th. It is expected that such requests will be granted, providing there is capacity on the sessions requested. Requests are reviewed and space granted in the order they are received.



CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to the MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We are proud to have taken a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada policy on bullying, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

SAFETY

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

PROGRAM ASSISTANTS

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session AND are 10 years of age or older. High school students are able to allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a discount on session fees (see p.6 for details).

NOTE: PA hours are to be scheduled when you register for your sessions. Please contact Tammy Dawson at tammy.dawson@bell.net if you have questions about the PA program.

VOLUNTEER OPPORTUNITIES

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. To ensure continued success, all members are encouraged to join our volunteer community. Individuals can donate time, energy and expertise at every level, from helping for a couple of hours at one test day to joining the Board of Directors. Every bit counts!

To join our MSC volunteer team, please email us at info@markhamskatingclub.com

COSTUME AND DRESS RENTAL – "THE LOFT"

Costumes, test dresses, competition outfits and more, all available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". Test dresses are available to Club members for a flat rental rate of only \$15 each!

Come see the fabulous new costumes just received! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, birds, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is open by appointment only; call 905-294-0673 or email costumes@markhamskatingclub.com.

IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. *Schedules do change from time to time, and we need to keep you updated.* If you do not have access to email, please be sure to regularly check our website or the bulletin board in the arena lobby.



KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your schedule.

Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena.

August 2016	Monday August 15 – Fall/winter session registration opens at 6pm
	Monday August 22 – In-person registration available at the office (for cheque / cash payment)
	Monday August 29 – In-person registration available at the office (for cheque / cash payment)
September 2016	September 6-10 – Warm-up Week (Int/Sr/Adv/Sil/Gold). Information to follow on website
	Monday September 12 – First day of fall/winter session
	September 19-24 – Pre-CanSkate and CanSkate Information Sessions (during sessions)
	Saturday September 24 – MSC Annual BBQ – arena parking lot (11:30am-2pm)
October 2016	Saturday October 8 – Thanksgiving weekend (no sessions)
	Monday October 10 – Thanksgiving Day (no sessions)
	Wednesday October 26 – High Test Day (no sessions)
	Monday October 31 – Halloween (yes, there are sessions!)
November 2016	Wednesday November 2 – Low Test Day (no sessions)
	Saturday November 26 – Markham Santa Claus Parade (allow extra time to get to the arena)
December 2016	Saturday December 17 – CanSkate Challenge, Skate Extreme Competition, Family Christmas party (no regular sessions but all members are invited to join in the fun)
	Friday December 23 – Last day of skating before Christmas break
	Saturday December 24 through Sunday January 1 – Christmas break (no sessions)
January 2017	Monday January 2 – First day of skating after Christmas break
	Wednesday January 25 – Low Test Day (no sessions)
February 2017	Wednesday February 1 – High Test Day (no sessions)
	Saturday February 18 – Family Day weekend (yes, there are sessions!)
	Monday February 20 – Arena closed for Family Day (no sessions)
	Tuesday February 21 – Spring session registration opens at 6pm
March 2017	Monday March 13-Saturday March 18 – March Break (yes, there are sessions!)
	Saturday March 25 – Club Competition (no sessions)
	Wednesday March 29 – Low test day (no sessions)
	Thursday March 30 – High test day (no sessions)
April 2017	Saturday April 1 – Last day of fall/winter session
	Monday April 3 – Spring session starts
	April 8 (Pre-CanSkate and CanSkate information sessions for new spring skaters)
	Friday April 14-Sunday April 16 – Easter weekend (no sessions)
	Monday April 17 – Easter Monday (yes, there are sessions)
	Saturday May 6 – Annual Spring Awards Banquet (evening)
May 2017	Saturday May 20-Monday May 22 (inclusive) – Victoria Day weekend (no sessions)
	Wednesday May 24 – Low Test Day (no sessions)
	Thursday May 25 – High Test Day (no sessions)
	Saturday May 27 – Last day of spring skating
June 2017	Tuesday June 13 – Annual General Meeting



PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Many of our coaches have been national champions and international competitors, and all are N.C.C.P. Certified members of Skate Canada. These professionals coach both male and female skaters of all levels of ability and experience, from "learn to skate" programs through gold levels. Private lessons with a professional coach are a very important aspect of your child's skating development. Please feel free to contact the coach of your choice directly for further information. We highly recommend every one!

Ashlea Brittain	905-925-8925
Derek Brittain	905-903-8038
Michele Britten	905-640-8488
Candice Glover	647-223-8967
Don Godfrey	905-235-5716
Darcy Guddat	905-294-2485
Rodolfo Guilherme	416-318-8362
Brandon Herdman	416-559-2696
Lindsay Herdman	647-668-2760
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Mackenzie Ralph	905-591-0046
Travis Sherriff-Clayton	289-221-2646
Deborah Botticella	CanSkate coach
Nicole Brittain	CanSkate coach

BOARD OF DIRECTORS

These hardworking volunteers not only oversee the general governance of the Markham Skating Club, but also roll up their sleeves to bring you all the programs, events and everything else that makes MSC the club you know. At least one of these people is at the arena every day we are in session; introduce yourself and get to know your board! They would love to meet you, too.

Dave DeKort	President
Shawna Sheldon	Vice-President, Coach Liaison & Test Co-Chair
Sandra Churchill	Past President
Peggy Watt	Treasurer
Aileen Wong	Secretary & Competition Coordinator
Howard Abe	Skating Programs Coordinator
Shannon Bertuzzi	Fundraising Coordinator & Test Co-Chair
Tammy Dawson	Program Assistant Coordinator
Jackie Macdonald-Bartkiw	Ice Show Coordinator
Dianne McGean	Club Events Coordinator
Maureen Patterson	Communications Coordinator
Sue Toubiah	Registration Coordinator
Pete Vanslyke	Property Manager

**Markham Skating Club • P.O. Box 77055 • Markham • ON • L3P 0C8
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**www.markhamskatingclub.com
email: info@markhamskatingclub.com**

